





FEBRUARY 2010 Elementary Lunch Only Menu

February,1	February,2	February,3	February,4	February,5
Choose one: Hamburger Mini Corn Dog Choose two: French Fries Lettuce/Tomato Vegetable Soup Fresh Pear With: Brownie Choice of Milk Fortified Juice Drink Vegetarian Choice: Veggie Burger	Choose one: Beef & Cheese Nachos Tuna Sandwich Choose two: Shredded Lettuce and Chopped Tomatoes Broccoli Florets Strawberries & Bananas Orange Wedges With: Mexican Rice Choice of Milk Fortified Juice Drink Vegetarian Choice: Cheese Nachos	Choose one: Italian Cheese Dippers Honey BBQ Nuggets/ Texas Toast Choose two: Succotash Garden Salad Green Beans Banana With: Oatmeal Cookie Choice of Milk Fortified Juice Drink Vegetarian Choice: Cheese Dippers	Choose one: Fried Chicken w Cornbread Turkey and Turkey Ham Sub Choose two: Fresh Baked Sweet Potatoes Cinnamon Apples Turnip Greens Red Grapes With: Choice of Milk Fortified Juice Drink Vegetarian Choice: Hot Pocket	Choose one: Chicken Nuggets Beef Ravioli Choose two: Potato Wedges Mandarin Oranges Peas & Carrots Pink Grapefruit With: Whole Grain Roll Choice of Milk GRAB & GO Charbroiled Chicken Chef Salad Vegetarian Choice: Bean Burrito
February,8	February,9	February,10	February,11	February,12
Choose one: Soft Beef Taco Grilled Chicken Sandwich Choose two: Shredded lettuce and Chopped Tomatoes California Blend Chilled Pineapple Tangerines With Mexican Rice Chocolate Fudge Cake Choice of Milk Fortified Juice Drink Vegetarian Choice: Bean Burrito	Choose one: Pizza Smokey Beef Rib Sandwich Choose two: Whole Kernel Corn Tossed Salad Applesauce Red Grapes With: Banana Pudding Choice of Milk Fortified Juice Drink GRAB & GO Club Chef Salad Vegetarian Choice: Cheese Pizza	Choose one: Barbeque Chicken W/Cornbread Fish Nuggets with Cornbread Choose two: Baked Beans Creamy Coleslaw Fruit Cocktail Golden Apple With: Cheese Rice Choice of Milk Fortified Juice Drink Vegetarian Choice: Hot Pocket	Choose one: Breaded Beef Patty/ w Gravy Asian Popcorn Chicken Choose two: Mashed Potatoes Glazed carrots Mandarin Oranges Tossed Salad With: Fried Rice Fortune Cookie Choice of Milk Fortified Juice Drink  Vegetarian Choice: Veggie Burger	Teacher Work Day  School Closed
February,15	February,16	February,17	February,18	February,19
 Lincoln  Washington	Choose one: Quesadillas Con Queso/Salsa Beef Chili w Whole Grain Roll Choose two: Broccoli Florets Mixed Vegetables Red Grapes Baked Potato With: Mini Ice Cream Treat Choice of Milk Fortified Juice Drink Vegetarian Choice: Cheese Quesadillas	Choose one: Chicken Tenders with Whole Grain Roll Hot Dog Choose two: Potato Tots Green Peas Creamy Coleslaw Red Apple With: Choice of Milk Fortified Juice Drink Vegetarian Choice: Bean Burrito	Choose one: Breaded Beef Sandwich Barbeque on Bun Choose two: Lima Beans California Blend Mandarin Oranges Tangerine With: Choice of Milk Fortified Juice Drink Vegetarian Choice: Veggie Burger	Choose one: Grilled Cheese Sandwich/ with Tomato Basil Soup Beef & Bean Burrito Choose two: Whole Kernel Corn Mixed Green Salad Mexican Style Pinto Beans Banana With: Choice of Milk Vegetarian Choice: Grilled Cheese
February,22	February,23	February,24	February,25	February,26
Choose one: Hamburger Chicken Corn Dog Choose two: French Fries Lettuce/Tomato Vegetable Soup Tangerine With: Marshmallow Krispie Bar Choice of Milk Fortified Juice Drink Vegetarian Choice: Veggie Burger	Choose one: Beef & Cheese Nachos Turkey Sandwich Choose two: Shredded Lettuce and Chopped Tomatoes Broccoli Florets Strawberries & Bananas Golden Apple With: Mexican Rice Choice of Milk Fortified Juice Drink Vegetarian Choice: Cheese Nachos	Choose one: Fresh Baked Pizza Grilled Chicken Sandwich Choose two: Succotash Garden Salad Green Beans Banana With: Chocolate Chip Cookie Choice of Milk Fortified Juice Drink Vegetarian Choice: Cheese Pizza	Choose one: Black History Celebration Fried Chicken w/ Cornbread Turkey and Turkey Ham Sub Choose two: Fresh Baked Sweet Potatoes Cinnamon Apples Turnip Greens Red Grapes With: Choice of Milk Fortified Juice Drink Vegetarian Choice: Hot Pocket	Choose one: Chicken Nuggets Beef Ravioli Choose two: Potato Wedges Mandarin Oranges Peas & Carrots Fresh Pear With: Whole Grain Roll Choice of Milk Fortified Juice Drink GRAB & GO Charbroiled Chicken Chef Salad Vegetarian Choice: Bean Burrito

